# UCD Women's Rowing

#### Welcome to the Winter 2024 Newsletter!

While other teams in colder climates are trapped in their erg rooms, our team has been making the most of our port almost every day! Throughout the wind, the cold, and the rain, we have been training hard in order to crush our races in the spring season. We scrimmaged against other teams, seat raced, and erg tested in order to keep up the competitive spirit during this otherwise quiet quarter! Take a look into our season in the following newsletter.

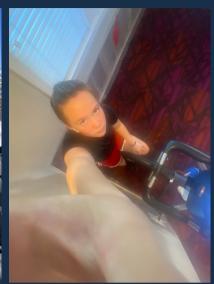
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## Winter Break Training

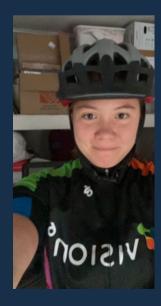


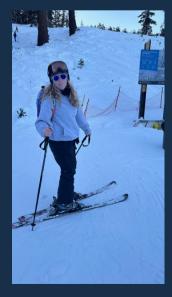




Over winter break, our athletes split up into teams and competed for points through workouts! This was a great way for us to beat the cabin fever that comes with the rainy winter season. Out of the five teams in the competition, all named after animals at the port, the Pelicans came in first! The top three highest-scoring athletes were Jocelyn, Margaret, and Kieli! Congrats everyone for keeping up the grind over the break!









## **Scrimmages**



We had our annual scrimmage against **Santa Clara University** on February 18th, where we raced a Varsity 8+, Novice 8+, and mixed 4+! As our first scrimmage of the year, this was a great way to introduce our novices to 2k race pieces.





On March 10th, Orange Coast
College and Cal Poly
Humboldt traveled to Davis for
a scrimmage. It was so exciting
to race against Humboldt, one
of the top D2 rowing teams.
Competing against Orange
Coast was good preparation for
our next meeting (at WIRA)!





# **Spring Break Training**



We worked hard and played hard during this spring break! After our double practices in the morning, we indulged in Trivia, movie, and Potluck nights.













## **Varsity Spotlight**



**Rower: Cecelia Faller** 

Year: 2nd

Major: Environmental Policy and

**Planning** 

Hometown: Boston, MA

Fun Fact: "I like making pizza!"

### 1. How long have you been rowing?

a."I've been rowing for 6 years, since my freshman year of high school."

#### 2. What's your favorite memory of UCD Rowing so far?

a."My favorite memory from UCD rowing is San Diego Crew Classic last year and all the fun activities that we did in San Diego."

#### 3. What are you looking forward to this year?

a."I'm looking forward to the spring racing season and all the travel and team bonding that comes with that!"

#### 4. What is your favorite part about rowing at UC Davis?

a."My favorite part of rowing is being a part of an amazing team and working together to become better rowers."

## **Novice Spotlight**



#### **Rower: Margaret Chen**

Year: 1st

Major: Undeclared

Hometown: San Jose, CA

Fun Fact: "I have an identical twin

sister."

#### 1. What made you join rowing?

a."I joined rowing because I was looking for a way to stay active throughout college. The people tabling at the MU were more friendly than the other sports I had been looking into, so I decided to attend a practice."

#### 2. What is it like to be a novice this year?

a. "There was definitely a steep learning curve in learning what all the terminology meant and how to actually row effectively, but the coaches and varsity members have been super helpful in offering advice. Coming into a sport with morning practices really emphasized to me how important it was to get assignments done early and manage time in a productive manner so I would have time to sleep."

#### 3. What are you looking forward to this year?

a. "This year, I am looking forward to racing at San Diego. I have heard a lot of fun things about Crew Classic, and I would like to experience it for myself."

#### 4. What is your favorite part about rowing at UC Davis?

a."My favorite part of rowing is the community I've found within the team. I know I can count on my teammates."

## **Spring Fundraisers**



Our Spring fundraiser is the **Big Day of Giving** on May 2nd! This is an annual fundraiser for non-profits in the Sacramento area, and as 501(c)(3) non-profit ourselves, we rely on fundraisers like this to maintain and purchase new equipment and uniforms. Keep an eye out for more information on how to give coming soon!



## **Looking Ahead Spring 2024**

#### Here is a look forward to our calendar for the coming quarter!

March 30th - **UCSB Duel** @ Curt Rocca Boathouse, Davis, CA April 5-7th- **San Diego Crew Classic** @ Mission Bay, San Diego, CA April 26-28th - **WIRA** @ Lake Natoma, Sacramento, CA May 4th - **Causeway Cup** @ the Port of West Sacramento May 17-19th - **ACRA** @ Oak Ridge, TN



If you are interested in donating to our team or to see updates on what we are up to/ where we are follow us on Instagram at @UCDWROWING and check out our website at www.ucdrowing.com

Thanks for reading our quarterly newsletter!

## **EXTRA PHOTOS**

















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